



Coping with College: Avoiding Freshman Follies

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770-288-8595

I. Meet Your Advisor... Please.

- A. Take your core curriculum classes first
- B. Declare Your Major at End of Sophomore Year
 - 1. Most people change their majors
 - 2. “Fun” classes - Waste of time

II. Morning Classes are Best

- A. Beware the Class Gap
 - 1. Classes aren't everyday. Don't be fooled.
 - 2. More time, more focus needed.
- B. Get it out of way, give yourself time to play
 - 1. College time is social, it will clash with class.
 - 2. Temptation, Temptation, Temptation...
- C. Time for Study (168 hrs./week)
 - 1. One hour daily
 - 2. More time for difficult subjects
 - 3. Study Groups make a huge difference...

III. The 3 S's - You can only have 2... pick wisely

- A. Sleep
- B. Study
- C. Social Life

IV. Avoid The Money Pit

- A. No Credit Cards... ever
- B. Stay on campus if possible
- C. Open a bank account

#LearnGrowEBO